

Kenwa Karate of Sitka Rank Requirements – White to Purple (2020 Changes in Blue)

RANK	KATAS	FIGHTING TECHNIQUES	BLOCKING & COUNTERS	NOTES & OTHER REQUIREMENTS
1 st yellow stripe 2 nd yellow stripe 1 st red stripe 2 nd red stripe	None	1 1 and 2	1 1 and 2	These stripes are for young students working toward yellow belt.
Yellow Jukyu 10 th kyu	Taikyoku Shodan	1 and 2	1 and 2	
Orange Kyukyu 9 th kyu	<i>(Review)</i> Taikyoku Shodan Taikyoku Nidan	1 to 4	1 to 4	Stances (show & explain): musubi-dachi
Blue with white stripe Hachikyu 8 th kyu	<i>(Review)</i> Taikyoku Nidan Taikyoku Sandan	1 to 6	1 to 6	Bunkai: Taikyoku Sandan Stances: hachiji-dachi, zenkutsu-dachi
Blue Nanakyu 7 th kyu	<i>(Review)</i> Taikyoku Sandan Gekisai Dai Ichi	1 to 8	1 to 8	Bunkai: Taikyoku Shodan Stances: zenkutsu-dachi, shiko-dachi
Purple with white stripe Rokkyu 6 th kyu	Heian Nidan	1 to 10	1 to 10	Hiji Ate Go Ho (5 elbows) Stances: moto-dachi, nekoashi-dachi
Purple Gokyu 5 th kyu	Heian Shodan Heian Sandan	1 to 12b with partner	1 to 12 with partner	Exercise Program

Students must have good manners, respect, and self-discipline for all ranks.

Kenwa Karate of Sitka Rank Requirements – Green & Brown (2020 Changes in Blue)

Since green, brown, & black belts are custom embroidered – at least one-month advanced registration is required to allow time for belts to be manufactured and shipped to Sitka before the exam. The written portions of the exam must be completed in advance of the physical test.

RANK	KATAS	FIGHTING TECHNIQUES	BLOCKING & COUNTERS	NOTES & OTHER REQUIREMENTS
Green (silver letters) Yonkyu 4 th kyu	Heian Yondan Heian Godan	1 to 14 with partner	1 to 14 with partner	Kumite Class Leadership Stance Diagrams
Green (gold letters) Sankyu 3 rd kyu	Aoyagi Wankan Matsumura Rohai	1 to 16b with partner	1 and 16 with partner	Kumite, Class Leadership Karate Virtues
Brown (silver letters) Nikyu 2 nd kyu	Juroku Bassai Dai Ananko	1 to 18	1 to 18	Kumite, Class Leadership Karate Notebook Check
Brown (gold letters) Ikkyu 1 st kyu	Shinsei Naihanchin Shodan Kusanku Dai	1 to 20	1 to 20	Kumite Written Exam A

Summary of 2020 changes:

- 9th kyu orange belt – added show & explain musubi-dachi
- 6th kyu purple belt – dropped review of the kata Gekisai Dai Ichi, added Hiji Ate Go Ho (5 elbows)
- 2nd kyu brown belt – dropped memorize karate rules, added notebook check requirement
- 1st kyu brown belt – dropped Naihanchin Nidan (moved later in curriculum) & split written exam into two parts one to be taken at brown the other to be taken at black

A note about the kumite requirement: During the COVID-19 pandemic kumite will not be held during testing. Instead a student should choose a few kata bunkai to demonstrate competence of applications for their test. Additionally, during normal times students with injuries, disabilities, or temporary conditions which prevent their ability to safely spar may also elect to demonstrate bunkai rather than participate in kumite.